If you setup security questions, an alternate email address and/or associated a cell phone number with the account, you may be able to regain access by simply going to the sign in page and clicking on "can't access your account?” On the next page, enter your yahoo email address and click “submit”. If you have associated a phone number with your account in the past, you will then be asked to complete the phone # that is partially displayed. If you have not, but you have entered an alternate email address, you may be asked to complete the partial email address that is displayed.

If none of those options work for you, you may still be able to regain access to your account by completing a form and answering other questions about your account. That form can be accessed

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To regain access to your yahoo account, please click [here](https://io.help.yahoo.com/contact/index?y=PROD_ACCT&page=contactform&locale=en_US&token=Zh%2FBBVqXzLHlIbokbUqVWTUbuuQeXGkGnZzhKR2JQ4O6mMQdy9JSWfJCJWvc4C3%2F4ml2UKrHQ0nko7rLtSR522llJ3Ld%2FrEJKnIvphI9MT7K6teQxGvTCsV4OMT4g4cq9pf2peoAq96iUkXxenOQUJ%2FZpVq0%2FHxH&selectedChannel=email-icon&yid=" \t "_blank).

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